

## Table of Contents

<b>1.3.4 Does your university as a body have programs to assist students who fall into the bottom 20% of household income group in the country to successfully complete their studies?.....</b>	<b>1</b>
Student Support.....	1
Personal Counseling.....	1
Health And Medical Services .....	2
Student Dress Code: .....	2
Financial Support .....	2
Remedial Coaching .....	2
STUDENTS SUPPORT AND EXTENSION ACTIVITIES .....	3
MANDATE OF DEAN OF STUDENTS WELFARE OFFICE.....	3
STUDENT'S COUNSELLING: .....	3
MENTOR – MENTEE PROGRAM.....	4
Mentoring Session on Design Thinking .....	5
Mentoring Session on Attitude & Behavior Development.....	5
Mentoring Session on Intellectual Property Rights (IPRs) and IP Management .....	6
Mentoring Session on Prototyping & MVP Development.....	6
.....	6

### 1.3.4 Does your university as a body have programs to assist students who fall into the bottom 20% of household income group in the country to successfully complete their studies?

#### Student Support

<https://www.upes.ac.in/student-space/student-support#personalCounselling>

#### Personal Counseling

We at UPES have a well-developed team of professionals offering empathetic hands to lift students out of the pit of ambiguities, disappointments, confusion, and depression. Our full-time psychological counselor adopts a holistic approach and includes all domains of student's life while providing group and one to one counseling. Difficulties in academics and learning are dealt with through faculty mentors. UPES is among one of the few universities that understand the student's need for a friend, guide, role model and mentor. Thus we introduced the department of Student Engagement and Experience. This team works closely with students to ensure a wide range of initiatives and activities for engaging them throughout the academic year.

Contact Person: Dr. Veena Krishnan

Contact #: [09837157616](tel:09837157616)

### Health And Medical Services

- Infirmary: The University provides the students a well-equipped First-aid support in the Infirmary, It's also equipped with Ambulance evacuation for the students. There are two male and two female doctors to provide medical support to the students.
- Ambulance: Medical supports which are beyond the infirmary are facilitated through a high-tech medical ambulance which is present with emergency management facilities.
- Medial Insurance: All the registered students in UPES are medically insured for a sum of Rs 100,000/- by Universal Sompo General Ins Com. The insurance also covers Road Accident causality.

How to avail Medical Insurance: (Below Links to be copied from the Lower Tab-Student Space)

- [Cashless hospitalization process](#)
- [Reimbursement Process](#)
- [Applicable Terms and Conditions](#)
- [List of Documents Required for Insurance](#)

### Student Dress Code:

"The way you dress is the way you will be addressed." A smart casual and good looking outfit develops a sense of equality among the students and adds value to their personality. It is expected from all the students to adhere to a smart casual dress.

### Financial Support

UPES Extends financial support to the registered students on merit and means.

The various categories of financial assistance provided are:

Academic Scholarship: [Click here](#) to know more about scholarships

### Dean Of Student Welfare Department

Withstand the need for a one-stop solution for all the academic and non-academic inquiries, we at UPES have setup one full-fledged Dean of Student Welfare Department to assist our students. This department has been set up with the purpose to build, maintain, and coordinate academic and administrative support to students.

Location: Main Block- Ground Floor

Contact #: [7302662071](tel:7302662071), [7302662072](tel:7302662072)

### Remedial Coaching

Understanding the importance of supporting the students to overcome their learning difficulties and gain confidence and interest in learning, remedial classes are planned and organized each year.

The remedial classes are therefore conducted for the students whose performance is not up to the mark i.e. for the students who secure less than 40% marks in Mid-Term Examination.

These classes help the slow learners to fill the gaps in the teaching learning process which may be due to their slow learning pace, lack of understanding, lack of motivation to practice the problems etc. and ultimately enhance their learnings and skills, resulting in improvement in their performance.

## STUDENTS SUPPORT AND EXTENSION ACTIVITIES

[https://upes-production-cvb3e7frghdda0a4.z01.azurefd.net/drupal-data/2023-09/annual-report-upes-2021-22-compressed\\_1.pdf](https://upes-production-cvb3e7frghdda0a4.z01.azurefd.net/drupal-data/2023-09/annual-report-upes-2021-22-compressed_1.pdf)

The Dean of Student Welfare Office (DSW Office) is conceptualized to foster all round development of UPES students. UPES understands that Extracurricular and Co-curricular activities are just as important as academics. Dean Student Welfare Office closely works with students to ensure a wide range of initiatives of and activities for engaging them throughout the academic year.

The office focuses as much on emotional well-being mental health as it does on physical well-being and through various activities such as Personal Counseling, Yoga & Meditation, etc. The DSW office maintains a special focus on personal values, making students appreciate cultural O differences, and adapt to a diverse society.

### MANDATE OF DEAN OF STUDENTS WELFARE OFFICE

- To serve as the first point of contact for students for any unheard issues.
- To develop, coordinate and run relevant prevention programs that help them become responsible citizens.
- To provide them a platform to exhibit their skills and talents, through the mode of various activities where like-minded people meet each other, exchange ideas, and develop into better human beings.
- To provide emotional support to the students in the form of personal counseling & mentoring and to help them identify personal values, appreciate differences, and adapt to a diverse society. The Dean of Students Welfare Office encompasses the following areas:

### STUDENT'S COUNSELLING:

Offers a variety of Personal and Clinical Counselling and support to students in times of need.

#### - Personal Counselling:

- Home Sickness
- Academic Overload
- Relationship Problems
- Exam Pressure
- Peer Pressure
- Attendance
- Year Back
- Adjustment Issue

#### - Clinical Counselling:

UPES full-time Clinical psychologist adopts a holistic approach and includes all P domains of a student's life while providing group and one-to-one counseling. The counselor aids the students with problems

of adjustment, temperament, anxiety, depression, and family & relationship issues. There are special sessions on gender sensitization, drug abuse, prevention of sexual harassment, and so on.

- We also have ties ups with hospitals psychiatrists in case the student needs any medical intervention h and P or psychiatric help.

## MENTOR – MENTEE PROGRAM

[https://upes-production-cvb3e7frghdda0a4.z01.azurefd.net/drupal-data/2023-09/annual-report-upes-2021-22-compressed\\_1.pdf](https://upes-production-cvb3e7frghdda0a4.z01.azurefd.net/drupal-data/2023-09/annual-report-upes-2021-22-compressed_1.pdf) [1]

UPES practices Mentor-Mentee System in all Schools. As per the UPES Mentor-Mentee policy, each student is assigned a Faculty Mentor upon his / her joining to UPES. The Faculty Mentor has advisory role and guides / assists the student in the pursuit of his / her academic career throughout his / her tenure at UPES. Students are expected to consult their Faculty Mentors on any matter relating to their academic performance and the courses they may take in various semesters / summer terms. The Faculty Mentor is assigned to extend guidance to the students enabling them to complete their courses of study for the required degree in a smooth and timely manner. The Faculty Mentor is the person to whom the parents / guardians should contact for performance related issues of their wards.

A Faculty Mentor is expected to:

1. Guide a student on rules and regulations of the academic programme
2. Pay special attention to the academically weaker students
3. Guide and liaise with the parents of students
4. Monitor and analyse performance of the students on regular basis
5. Encourage students to satisfy the mandatory attendance requirement
6. Analyse and try to solve personal problems of the students
7. Record all the activities in the mentor diary in the prescribed format

Each student registers for a set of courses as advised by his / her Faculty Mentor at the commencement of every semester. Students with backlog may continuously seek help from their faculty mentors.

A mentoring program framework operates through a software 'MentorCity' to provide automation in the process and to avoid loss of data w.r.t. mentee's growth. The key features of the framework are as under:

- Serve as a framework & roadmap to identify Mentoring Program priorities and designate roles, responsibilities, and criteria for meeting those priorities.
- Develop relationships within school to address the need for a high-performance team of faculty who guide, are adaptable and inspire students and fellow colleagues to produce tangible results.
- Provide institutional knowledge and accountability for the program's success factors and desired outcomes.

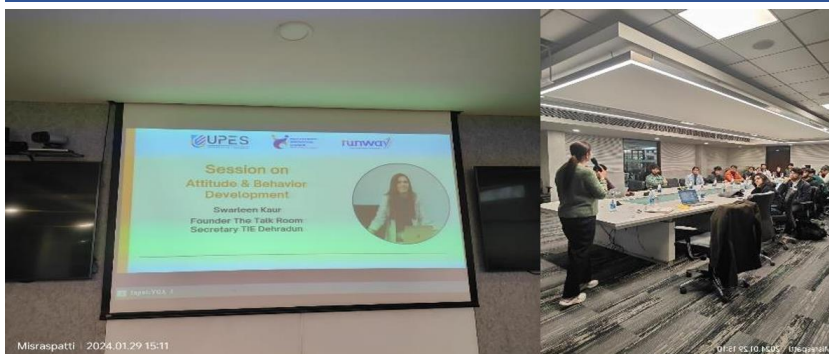
- Help students in their transition to the University environment and navigate their programs of study.
- Help ascertain career paths for students and support their personal growth.
- Provide opportunities for students to build academic & social skills and practice professional networking skills.
- Equip students with the understanding and tools to make ethical and informed decisions.\

## Mentoring Session on Design Thinking



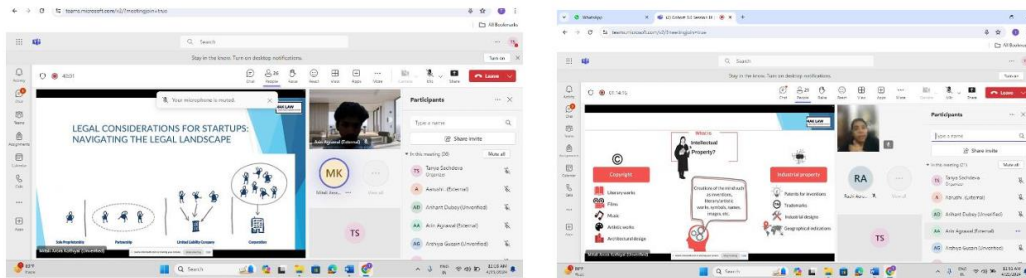
Dr. Ritam Dutta's session on Design Thinking highlighted its human-centric approach, emphasizing empathy, problem framing, and solution ideation. He discussed user-centric design, empathy mapping, and the importance of adopting a beginner's mindset. Key techniques like the What-How-Why method and reframing problems were explored to drive innovation and navigate disruptive technologies.

## Mentoring Session on Attitude & Behavior Development



The session emphasized that a positive attitude is crucial for startup success, likening the entrepreneurial journey to an ECG's ups and downs. Key points included the importance of a growth mindset, continuous personal development, and resilience. Success depends on both strategic planning and the founders' adaptive mindset.

## Mentoring Session on Intellectual Property Rights (IPRs) and IP Management



Ms. Mitali Arora's session on Intellectual Property Rights (IPRs) covered legal requirements, entity registration, and IP protection. Key topics included trademarks, copyrights, patents, and trade secrets. She highlighted the importance of IP for market exclusivity and investment. The interactive Q&A session addressed participants' queries, offering practical strategies for safeguarding intellectual assets.

## Mentoring Session on Prototyping & MVP Development



Mr. Durga Prasad's session covered the startup journey, emphasizing problem-solution fit, prototyping, and MVP development. He explained POC, Prototype, MVP stages, and Design Thinking's role in innovation. He detailed the iterative process of emphasizing, designing, ideating, prototyping, and testing. The Q&A session clarified doubts, empowering startups with valuable insights.